

#### Introduction

The following Codes of Conduct have been developed to establish a consistent standard for the behaviour of players, coaches, and parents who are members of B.C. Tigers FC. Its primary purpose is to help ensure that soccer is fun, positive, and enjoyable experience. You are expected to become familiar with your roles, responsibilities, and expectations as a member of this program.

### Player Code of Conduct

Your personal conduct, both in and out of competition, reflects upon our Club and Program image. It is your responsibility to safeguard that positive reputation and the pride of those that you represent.

### Player Code of Conduct:

- I will participate because I want to, not just because my parents or coaches want me to
- I will play by the rules and in the spirit of the game
- I will remember that participation in sports is a privilege, not a right and that I am expected to represent my Club, coach, and teammates with honour, on and off the field
- Consistently exhibit good character and conduct myself as a positive role model for younger players
- I will live and play with class; be a good sport; be gracious in victory and accept defeat with dignity; give fallen opponents help, compliment extraordinary performance, show sincere respect in pre/post-game rituals
- I will not engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual or racial nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport
- I will exercise self-control; I will not fight or show excessive displays of anger or frustration, and will have the strength to overcome the temptation to retaliate
- I will show respect for coaches, referees, teammates, and opposing players at all times. Infractions that occur during the game are governed by the Laws of the Game and will be decided by the Referee
- I will treat all match officials with respect; I will not complain about or argue with the match officials calls or decisions during or after the match
- I will remember that winning isn't everything that having fun, improving my skills, making friends, and doing my best are also important



• I will not attend any team function (meetings, socials, practices, or games) under the influence of or in possession of illicit drugs, alcohol, or tobacco

#### Coach Code of Conduct

- I will support and follow the Club's Player Development Philosophy
- I will be on time and prepared for games and practices.
- I will be committed to by team for the entire duration of the season.
- I acknowledge that my first responsibility is the well-being, health, and safety of all players
- I will be responsible for the actions of my players and parents and will work to educate the parents, and players about the Club's Philosophies and Codes of Conduct
- I will strive to keep "winning" and "losing" in perspective while teaching the importance of overall long-term development over the "win at all cost" mentality
- I will teach all my players to play fairly and to respect the laws of the game, officials, coaches, teammates, and opponents
- I will not ridicule or yell at my players for making mistakes or for performing poorly. I will remember that children play to have fun and must be encouraged to have confidence in themselves
- I will ensure that all athletes get equal instruction, support, and fair playing time
- I will strive to help each player reach his or her full potential and work to prepare them to move to the next level of play
- I will encourage players on my team(s) to move to the next level of play when ready to do so
- I will make sure that equipment and facilities are safe and match the athlete's ages and abilities
- I will be reasonable when scheduling games and practices, remembering that young athletes have other obligations and interests
- I will seek assistance from the Club to obtain proper coach education and coach training to continually upgrade my coaching skills.
- I will follow all rules and policies set forth by the District, BC Soccer, and the Canadian Soccer Association
- I will work in the spirit of cooperation with all the Club's and opposing Club's officials, administrators, coaches, and spectators to provide the players with the maximum opportunity to develop
- I will respect the Referee and his/her authority during games and will never criticize, contradict, or interfere with Referees or Coaches at the game field. I will take the time to



speak with them privately if I have any concerns or complaints, and if necessary, I will report any serious and irreconcilable issues without delay.

- I will be selective in the amount of instruction I give players during the game. I will let the players play and develop their game.
- I will give all players equal playing time and equal opportunity to play in all positions on the field.
- I acknowledge that as a Coach, if any player on my team is suspended, that I will be responsible for assuring that they do not participate in a game.
- I will endeavour to wear a Club coach/manager shirt or jacket at all times at games and practices, so that I present a professional image and can be easily identified.

#### Parent Code of Conduct

- I will not force my child to participate in sports
- I will remember that my child plays sport for his or her enjoyment, not mine
- I will encourage and help my child to focus on the performance and not the result. The overall development of your child as an athlete, soccer player and young person is what the sport is about. Winning is not as important as the performance. A child should never feel defeated by the outcome of the match
- I will ensure that my child arrives promptly at the designated time for all practices and games
- I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence
- I will never ridicule or yell at my child for making a mistake or losing a competition
- I will remember that children learn best by example. I will applaud good plays/performances by both my child's team and their opponents
- I will never question the Officials judgement or honesty in public
- I will support all efforts to remove verbal and physical abuse from children's sporting events
- I will respect and show appreciation for the volunteer coaches who give their time to provide sport activities for my child
- I understand that parents must no coach from the sideline during matches and training. This is the job of the coach
- I will strive to support my child unconditionally by being supportive and always focusing on the positive aspects of his/her game



- I will encourage my child to speak with the coach. If your child is having difficulties in training or games or can't attend training etc. encourage him/her to speak directly to the coaches. This "responsibility taking" is a big part of becoming a mature person. By handling off the field talks, your child is claiming ownership of all aspects of the game
- I will monitor child's stress level to make sure that they are handling stress effectively from the various activities of life
- I will monitor eating and sleeping habits. Be sure that your child is eating the correct foods. Players should be in bed at a reasonable hour on the night before a game and early enough on other nights to ensure that adequate rest is being taken
- Help your child keep his/her priorities correct. She/he needs to maintain a focus on schoolwork, relationships, and other things in life besides soccer